

MARCH, 2025

# MARTIN HOUSE COLLEGE NEWSLETTER

## FROM THE HEAD'S DESK

As the end is in reach of a busy and vibrant term, I find myself reflecting on just how much has happened — and more importantly, how much our students have grown. It's been a joy to see students excelling in academics, sports, and culture — pushing themselves in the classroom, showing spirit on the sports field, and performing with pride and passion. The energy they've brought to entertainment nights has been contagious (even if they haven't quite managed to beat the staff at volleyball just yet!).

A special mention must go to our Form 1s, who are now approaching the end of their very first term in High School. That transition from Junior to High School is never easy — the days are longer, the workload heavier, and the environment so much bigger. But they have persevered, adjusted, and achieved so much in just a few short months. Likewise, well done to all our new students this term. Settling into a new school can be challenging, but your courage and resilience have not gone unnoticed. You are now very much part of our community.

The students have made us proud with their student-led assemblies. It takes real courage to stand in front of the whole school, and our students have done so with determination and heart. Whether presenting the theme of the week, sharing reflections, or leading activities, they have shown a growing confidence and a willingness to step up. It's also been encouraging to see how well they've worked together as teams, supporting one another and taking the responsibility seriously. Their efforts have been both inspiring and uplifting.

Above all, what has struck me most is the balance — how our students are learning to work hard, to lead, to care, and to laugh. This is the heart of a meaningful education. As we look ahead, I'd encourage us all — students, staff, and families — to keep asking ourselves:

"How can we lift others as we rise?"

As *Helen Keller* so wisely said, *"Alone we can do so little; together we can do so much."* Let's continue to be a community where everyone is supported and encouraged — because when we lift one another, we all move forward together. ~ Amy Cardoso




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# ACADEMICS



## Form 1 Bring Ancient Egypt to Life

Our Form 1 History students recently brought the wonders of Ancient Egypt to life through an exciting series of hands-on projects and presentations.

From showcasing the mummification process—using chicken fillets to replicate the ancient embalming techniques—to cracking whips like those used in ancient rituals or by chariot drivers, the students went above and beyond to make history both engaging and memorable.

Their creative displays were matched by strong research and confident presentations, showing a solid grasp of key historical concepts. It was fantastic to see such energy, teamwork, and curiosity in the classroom. Well done to all our budding historians for a job brilliantly done! ~ Mr Suddens

















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# ACADEMICS

## Art Students Visit 37d Gallery

Recently, the Art students had the incredible opportunity to visit the renowned 37d Gallery, a visit that left everyone inspired and enriched by the world of art. For many, it was their first time exploring an art gallery, and for others, it was a debut experience at the 37d Gallery itself. This exciting excursion gave the pupils the chance to immerse themselves in the vibrant world of local and regional contemporary art. Upon entering the gallery, the pupils were immediately captivated by the ambience. The warm, welcoming environment and the stunning array of artworks on display created an atmosphere that was both relaxing and thought-provoking. The gallery's spacious layout allowed the pupils to experience art in various forms, from sculptures to paintings, each piece contributing to an enriching narrative of the African experience.The gallery's collection featured a dynamic mix of works from both Zambian and Zimbabwean artists. The diversity in the artworks on display was striking, offering the pupils an opportunity to see a range of artistic styles and themes.

One of the most memorable moments of the visit was the chance to meet Mwaba Chandia, a talented and practicing female contemporary artist. Her work, showcased in the gallery, left the pupils in awe, and they appreciated the chance to engage with her creative journey and artistic process. Mwaba shared her insights into the inspiration behind her pieces, encouraging the pupils to think critically about the role of art in expressing identity, culture, and social issues. The highlight of the day was the engaging and informative tour led by Twatasha, the gallery curator. With her gracious presence, Twatasha guided the pupils through the gallery, providing thoughtful explanations of the artists' work and the themes they explored. She shared the stories behind each piece, helping the students connect with the artwork on a deeper level. - Miss Homera










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# ACADEMICS

## Form 2 Turn Agriculture into a Game

As part of their revision on Agriculture, Form 2 students were challenged to design and create their own Geography-themed board games — and they rose to the occasion with creativity and flair!

From Worms and Ladders to Farmopoly and Geonopoly, the games cleverly incorporated key concepts while offering a fun, interactive way to reinforce learning. The activity showcased both subject knowledge and inventive thinking, turning revision into an engaging and memorable experience.
~ Miss Cavanagh











## Form 1 Geography in 3D

At the start of the year, our Form 1 students began their journey into the world of Geography by exploring its core concepts. Over the February half-term, they were set a creative challenge: to design a 3D map or contour model of the school.

The project encouraged students to apply their understanding of compass directions, map keys, scale, and height representation in a hands-on way. The results were both imaginative and thoughtful, with each model reflecting a strong grasp of geographical skills and an impressive level of effort.

A great start to the year for our young geographers!
~ Miss Cavanagh



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# ACADEMICS



## Form 1 Science: A Magical Start to Secondary School

This term, our Form 1 Science students embarked on an exciting journey of discovery, embracing the wonders of hands-on learning and teamwork. From conducting food tests and measuring with precision to analyzing yeast respiration and exploring the school ecosystem, each experiment brought scientific concepts to life.

Our focus has been to ignite a deep love for learning, fostering conceptual understanding rather than surface knowledge. Collaboration has been at the heart of our approach, with students working in groups to share ideas, solve problems, and explore together.

This term has seen our students grow in knowledge, confidence, and curiosity, laying the foundation for a lifelong passion for discovery. As we continue this journey, we look forward to seeing their enthusiasm blossom even further! - Mr Nyamajiwa and Mr Suddens













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# CULTURE



## GLOBAL SCHOLARS

A group of our students proudly represented the school at the Regional Round of the World Scholars Cup — and they did an outstanding job! Competing across a range of challenging events, including debating, collaborative writing, and the Scholars Bowl, our students demonstrated sharp thinking, teamwork, and confidence throughout. Their hard work and preparation truly paid off, earning impressive results and making the school incredibly proud.

Well done to all participants for their enthusiasm, dedication, and excellent performance on such a prestigious platform!



## MEDALS



Congratulations to the following students:

- Nande Yondela won 1 gold and 6 silver medals
- Veera Parmar won 2 silver medals
- Robin Willems won 1 gold and 2 silver medals
- Tawana Simbanegavi won 1 gold and 2 silver medals
- Mary Banda won 1 gold and 4 silver medals
- Navanesia Nyirenda won 1 gold and 2 silver medals
- Chido Mutyavaviri won 2 gold and 3 silver medals
- Bupe Senkwe won 2 silver medals
- John Mwila won 3 silver medals







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# CULTURE



## INTERACT

We kicked off the term with a bang! Anything But a Backpack was a huge success, with students showcasing their creativity - bringing everything from horses and bedside tables to toddler walkers and fishing nets.

A heartfelt thank you to everyone who contributed to our stationery drive. Lusali Community Centre was incredibly grateful, and the students have already put their new books, pens, pencils, flashcards, and pencil cases to good use.

In addition, our weekly tutoring sessions at Lusali have been making a real impact. Martin House students have been dedicated to helping children aged 8–17 with extra Maths and English lessons hosted.

On behalf of the Interact Club, we are so grateful for your support from our Valentines activities which were contributed to the Zambian Children's Cancer Foundation- they contacted us to say that all of our funds and donations allowed each of their patients' parents to receive a gift pack filled with toiletries and essentials. Thank you so much!

With so much achieved this term, we can't wait for what's in store next! - Mrs Suddens













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# CULTURE

## MUN

**Our Students Shine at ZAMMUN Conference 2025**
On March 29th, our students participated in the Zambia Model United Nations (ZAMMUN) Conference at the American International School of Lusaka (AISL). This year's theme, Climate Crisis, challenged delegates to engage in thought-provoking debates on urgent environmental issues.

**Keynote Address by Dr. Wagner**
The German Ambassador to Zambia, Dr. Wagner, delivered a compelling speech on balancing economic growth with environmental responsibility. She highlighted the parallels between Zambia and Germany, both striving for sustainability while managing industrial and mining interests. Her speech emphasized the need for innovative solutions that ensure long-term economic and environmental stability.

**The Essence of Model United Nations**
Model United Nations (MUN) is a platform where students simulate real UN proceedings, collaborating to draft resolutions that nations can collectively support. It helps participants develop skills in analyzing global challenges, negotiating solutions, and fostering mutual understanding beyond personal beliefs. Now more than ever, MUN highlights the importance of diplomacy and cooperation in addressing pressing world issues.

**Our Students' Contributions**
This year, Layla Farquhar and Chido Mutyavaviri led their first committees as co-chairs of WHO and the Security Council, respectively, overseeing intense debates that resulted in impactful resolutions. Our students represented various countries across different committees, tackling critical climate-related issues:

- Nande Yondela (UNESCO – South Korea): Preserving the Social and Cultural Identity of Tuvalu Amid Rising Sea Levels.
- Kaemba Muyobo (UNESCO – Thailand): Preserving the Social and Cultural Identity of Tuvalu Amid Rising Sea Levels.
- Tawananyasha Simbanegavi (UNHCR – South Korea): Addressing Climate-Induced Displacement: Ensuring Protection and Sustainable Resettlement for Communities Affected by Super Typhoon Yagi in Vietnam.
- John Mwila (GA2 – USA): Mitigating the Financial Effects of Zambian Over-Reliance on the Maize Crop.
- Ben Joubert (GA2 – Brazil): Mitigating the Financial Effects of Zambian Over-Reliance on the Maize Crop.
- Mary Banda (WHO – Denmark): Reducing the Spread of Neglected Tropical Diseases (NTDs) as Caused by Climate Change in Sub-Saharan Africa.
- Lara Garg (UNHCR – Thailand): Addressing Climate-Induced Displacement: Ensuring Protection and Sustainable Resettlement for Communities Affected by Super Typhoon Yagi in Vietnam.
- Bupe Senkwe (UNCSW – Switzerland): Addressing Food Insecurity Caused by Pollution and Extreme Weather and its Effects on Childbirth and Pregnancy.
- Navanesia Nyirenda (ECOSOC – Thailand): Addressing the Conflict Between Indigenous Peoples in the Amazon and Agricultural Firms.
- Fianna Kleemann-Wright (UNCSW – Ethiopia): Addressing Food Insecurity Caused by Pollution and Extreme Weather and its Effects on Childbirth and Pregnancy.
- Christine Dongo (UN-Water – South Korea): Addressing Water Security and Transboundary Disputes in the Mekong River Basin.

The conference provided an invaluable platform for students to refine their debating, leadership, and diplomatic skills. Their commitment and ability to navigate complex global discussions were truly commendable.
We are incredibly proud of our students for their dedication to ZAMMUN 2025. Their participation in this global forum highlights their potential as future leaders and changemakers. Congratulations to all involved!
~ Mrs Nyirongo



MARIAN HOUSE TRUST SCHOOL

MARCH, 2025

# SPORTS

## LISL FIXTURES AT BAOBAB

**U14 GIRLS NETBALL**
Drew 5 - 5 against AISL
Lost 4 - 5 against Baobab College



**U14 GIRLS SOCCER**
Drew 0 - 0 against AISL
Drew 1 - 1 against Baobab

**U16 GIRLS SOCCER**
Drew 0–0 against Baobab College
Lost 1–0 to AISL.

**U16 BOYS SOCCER**
Drew 1–1 against Baobab College
Lost 1–0 to AISL.



**U19 GIRLS NETBALL**
Lost 4-5 against Baobab College
Drew 5-5 against AISL

**U19 GIRLS SOCCER**
Lost 0-2 to AISL
Won 2-1 against Baobab College

**U19 BOYS SOCCER**
Won 1-0 against Baobab College
Lost 0-3 against AISL






## ISAZ SOCCER QUALIFIERS

**U19 GIRLS**
Drew 1–1 against Pestalozzi
Lost 2–1 to Crested Crane.

## ISAZ U16 NETBALL CHAMPIONSHIP

Won 8 - 2 against St. Ignatius
Drew 5 - 5 against ISL
Won 20 - 2 against Son Shine
Lost 7 - 10 against LICS
Won 13 - 5 against RPS

The team placed 3rd overall!

## ISAZ TENNIS CHAMPIONSHIP

**U19 TENNIS**
Alessandro Fabbri PLACED 3rd in the U19 boys





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# SPORTS



## FIXTURES AGAINST EMMANUEL SCHOOL

**BOYS SOCCER**
Junior Team: Lost 2-0 to Emmanuel School
Senior Team: Lost 3-0 to Emmanuel School

**GIRLS SOCCER**
U14 Girls: Lost 2-0 to Emmanuel School
U16 Girls: Won 2-0 against Emmanuel School

## ISAZ CROSS COUNTRY

Congratulations to the following students:
U14 Girls – 3rd place **Jemima Sayer**
U14 Boys – 3rd place **Don Stotter**
U16 Girls – 2nd place **Tanisha Patel**
U19 Girls – 3rd place **Elizabeth Hannay**

Congratulations to the athletes on their incredible achievements!
The Girls Team came **1st** out of 11 schools
The Boys Team came 6th out of 9 schools
















## KITWE DIGGERS 7'S RUGBY

**U14 BOYS**
Lost 10 - 20 against Kabitaka
Lost 10 - 15 against Chengelo
Lost 5 - 10 against Trident

**U16 BOYS**
Lost 5 - 15 against Kabitaka
Won 35 - 5 against Chengelo
Won 15 - 5 against Mpembelele

**U19 BOYS**
Won 19 - 0 against Trident B
Lost 12 - 22 against Amano
Lost 0 - 30 against Kabitaka
Won 21 - 19 against Trident A





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# FTB EXCURSIONS



## SABLE FARM

Our Full Term Boarders enjoyed a refreshing day trip to Sable Farms, filled with nature, adventure, and great company.

The day began with a scenic walk through the game park, followed by a rewarding hill climb that offered breathtaking views of the surrounding landscape. After the hike, the students relaxed on an exciting game drive, where they spotted beautiful antelope and other wildlife.

It was a fantastic outing — full of fresh air, laughter, and unforgettable memories. A well-deserved treat that was thoroughly enjoyed by all!

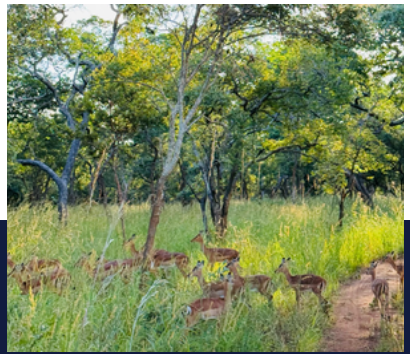
## PROTEA HOTEL

As a special treat, the Full Term Boarders enjoyed a lovely outing to Protea Hotel. They were treated to a delicious lunch in a relaxed setting, followed by a scenic game drive around the property.

It was a relaxing and enjoyable afternoon — a perfect way to unwind and spend time together in nature.













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# STAFF

## Mrs Holly Suddens

**If you could teach any subject that doesn't exist, what would it be?**
Food of the World - a class dedicated to eating our way through traditional foods from around the globe!

**If you were a superhero, what would your teacher superpower be?**
The ability to instantly make every student feel seen, valued, and capable. Also, the power to make forgotten homework magically reappear in backpacks.

**If you could assign a homework assignment to the entire world, what would it be?**
Travel. See the world: visit a landmark, chat to the locals, take unnecessary photos, and eat something ridiculously overpriced and relish it.

**What's your go-to karaoke song after a long day of teaching?**
"Don't Stop Believin'" by Journey – because after a full day of essays and existential discussions, I need to remind myself (and my students) that hope is not lost.

**If your classroom had a mascot, what would it be?**
A Golden Lab pup - loyal, energetic, and always up for a bit of fun. It's the perfect blend of lightheartedness and dedication, and an advocate for mental health. A softie at heart, but driven and never shy of a challenge. Plus, it's the kind of mascot that could win over the Form 4 boys when I can't!



## Mr Kelvin Nyamajiwa

**If you could teach any subject that doesn't exist, what would it be?**
I would teach 'The Science of Everyday Magic- helping students see the extraordinary in the ordinary.

**If you were a superhero, what would your teacher's superpower be?**
The ability to make everyone love learning, no matter the subject.

**If you could assign a homework assignment to the entire world, what would it be?**
Spend one day helping someone else and write down how it made you feel.

**What's your go-to karaoke song after a long day of teaching?**
Definitely 'Walking on Sunshine'—it's the energy boost I need!

**If your classroom had a mascot, what would it be?**
A dolphin, for their intelligence, playfulness, and team spirit.



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# STAFF



## Ms Tiffany Cavanagh

**If you could teach any subject that doesn't exist, what would it be?**
Being, what is it to be human - no curriculum, no exams, just learning to be yourself.

**If you were a superhero, what would your teacher superpower be?**
Teleportation - the Geography fieldtrips would be unlimited!

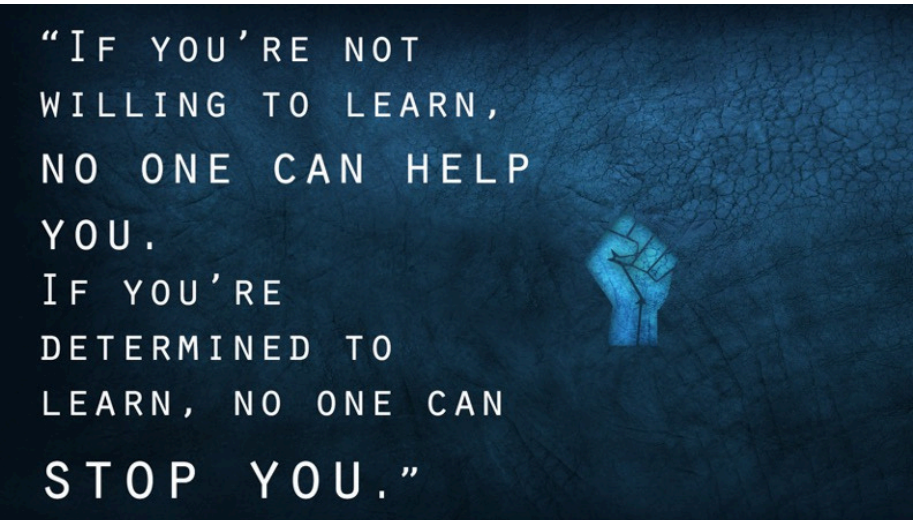
**If you could assign a homework assignment to the entire world, what would it be?**
Listen to somebody else's story. Sit down with a stranger, in a strange land. Sip tea, coffee or water with them. Let them tell you their story, in their language. And listen.

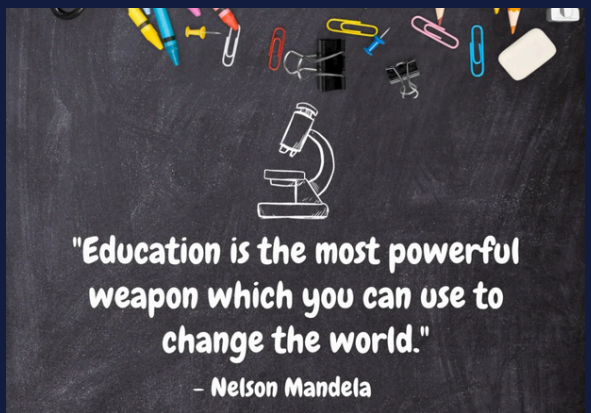
**What's your go-to karaoke song after a long day of teaching?**
Hall of Fame - The Script

**If your classroom had a mascot, what would it be?**
Mama and Ru, my cats!









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# SOCIAL



## PREP AND COLLEGE STAFF PAINT NIGHT

The Prep and College staff recently came together for a delightful evening of painting, laughter, and unexpected talent. It was a wonderful chance to unwind and connect through a shared creative activity.

The session revealed some hidden artistic flair — most notably from Coach George, whose bold and striking silhouettes stole the show and left everyone thoroughly impressed. While some staff fully embraced their inner artists, others chose to stick carefully to the outline of the unicorn, adding a playful twist and plenty of laughter to the night.

It was a joyful evening that reminded us of the importance of community, creativity, and the occasional splash of paint!



## PREFECTS DINNER

This month, it was a pleasure to host the prefects for a dinner at the Head's house — a well-deserved evening of relaxation, laughter, and connection.

The prefects enjoyed delicious food and drinks, and the chance to simply unwind and socialise outside of their usual responsibilities. The evening ended on a high note with games that sparked much hilarity and brought out everyone's fun side.

It was a lovely way to celebrate their hard work and strengthen the bond within the team. A big thank you to all who came and made it such a memorable evening!



